MILPITAS STAR AQUATICS & FITNESS

December 2024

REMINDERS

• Do Not Eat Immediately before Class! (We recommend swimmers eat at least an hour before their swim lesson.)

HAPPY-HOLIDAYS!

Due to the winter holidays no classes will be held from 12/23 - 1/1. Facility will be closed Dec 24, 25, and 31st.

Extended open swim hours (12/23-12/30)!

Weekdays 7am- lpm; 4pm - 9:30pm

Weekends: 7am - Ipm



Spotlight Level STINGRA

Stingray is the 5th Level in our swim curriculum! In order to pass this level, swimmers need to achieve the following swim techniques with proper form:

- Freestyle
- Backstroke

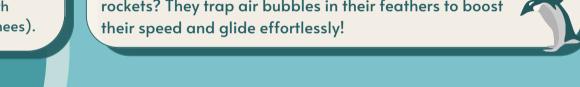
TIPS: Practice kicking with straight leas (no bent knees).

PROGRESS REPORTS!

Quarterly progress reports will be given out from 12/8-12/14! Please feel free to ask your child's instructor any questions regarding your child's swimming progress.

FUN-FACT!

Did you know... penguins can shoot through the water like rockets? They trap air bubbles in their feathers to boost their speed and glide effortlessly!



STUDENT OF THE MONTH

Samhith Savoy



Shanaya Shah



Shanaya is a joy to teach. Her positive attitude and enthusiasm create a cheerful atmosphere in swim class, making it enjoyable for all!







Samhith is an exceptional student! He consistently comes to class prepared and eager to learn new swim techniques!

- Employee Recognition.

EMPLOYEE OF THE YEAR FILORIT PEAR



Clarisse Lusung

Clarisse Lusung is a dependable team member. Her friendly demeanor, excellent organizational skills, and effective time management make her a great communicator. Keep up the great work, Clarisse!

MOST VALUABLE



Abigail Vu

Abigail Vu is an incredibly valuable team member. She consistently earns praise from both parents and students and always makes new employees feel welcome. Keep up the positive energy, Abigail!

MOST RELIABLE



Leyna Lu

Leyna Lu is one of our most reliable employees. She is always on time and ready to teach her classes making her truly a dependable and remarkable employee. Great job Leyna!

MOST MOVE UPS



Tiffany Nguyen

Tiffany Nguyen is one of our most hard working employees! With great determination and commitment, she has moved up a significant amount of students this year! Keep up the good work Tiffany!

MOST IMPROVED



Kevin Troung

Kevin Troung goes above and beyond when it comes to his job. He has consistently shown great progress in his teaching methods and over all work ethic. Keep up the excellent work, Kevin!

MOST HELPED



Sydney Nguyen

Sydney has been a great help this year. She's always willing to stay back and pitch in. Her positive energy and enthusiasm brighten the workplace, making it a joy to collaborate with her. Thank you, Sydney!

Big Thanks to Our Team!

As the year comes to an end we would like to thank our amazing MSTA staff for their hard work and unwavering dedication. Their commitment to excellence ensures that we provide a safe, supportive, and engaging environment where swimmers can build confidence, develop essential swimming skills, and grow both in and out of the water.

